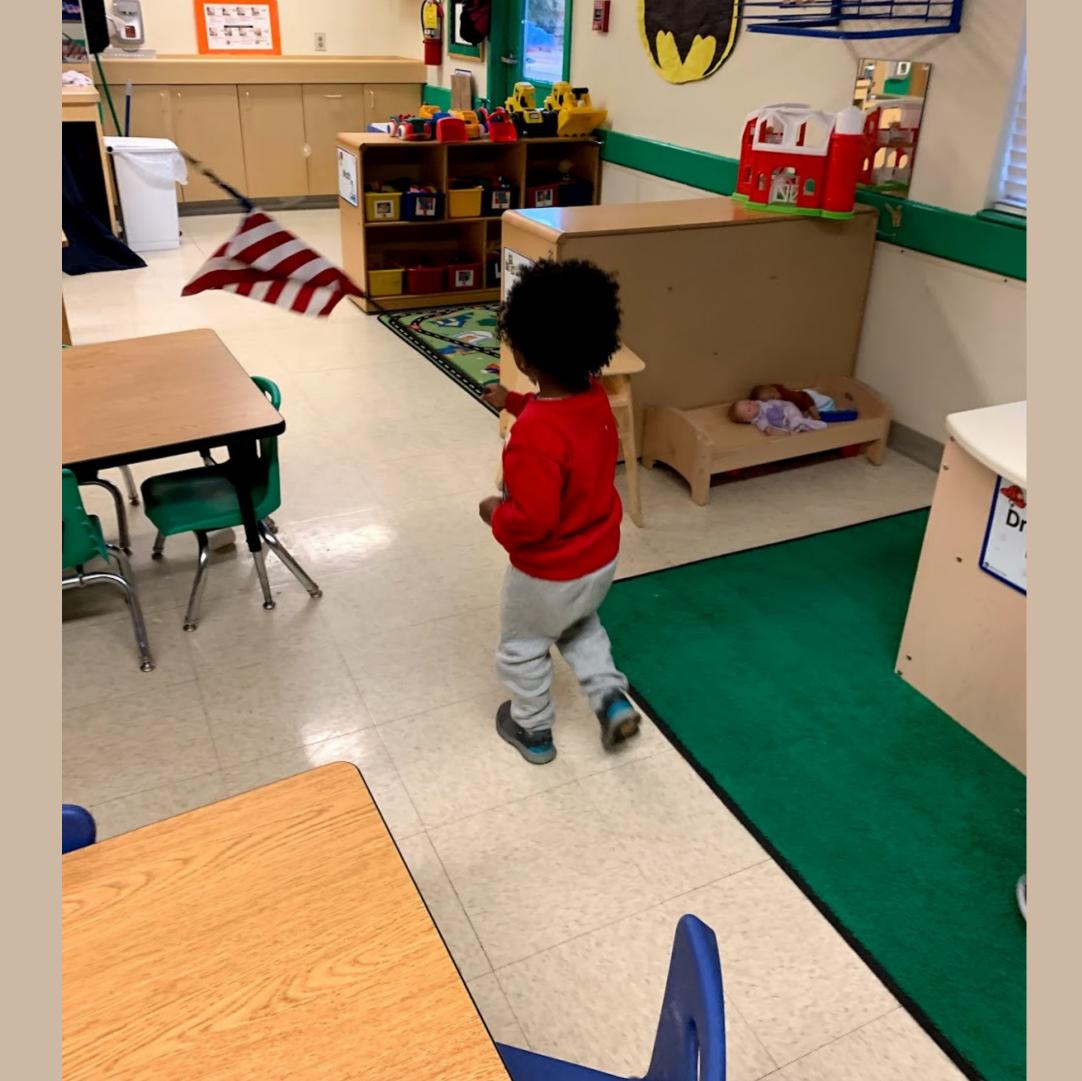
ICJ, Race, & Juvenile Justice: Considerations for Promoting Racial Justice

MARYAM JERNIGAN-NOESI, PHD



2022



We cannot change what we do not acknowledge.

Thema Bryant, PhD President of The American Psychological Association

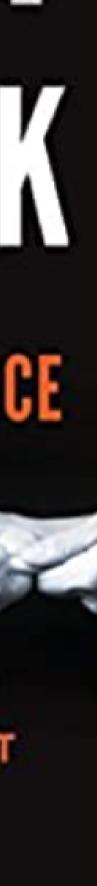
ICJ, RACE, AND JUVENILE JUSTICE

2022 DATA WALK

DERALD WING SUE RACE TALK and the conspiracy of silence

UNDERSTANDING AND FACILITATING DIFFICULT DIALOGUES ON RACE

WILEY



Barriers to Talking about Race

Intrapersonal

- Intellectualization
- Avoidance
- Lack of comfort, competence, or confidence
- Interpersonal dynamics
 - "Clash of racial realities"
 - Emotional "hot buttons"

Interpersonal

- Politeness Protocol
- Professional/Intellectual
 - Affective expression is not legitimized as relevant
- Racial Color-blind Protocol
 - Minimization of difference to appear unbiased
 - Lowers awareness & empathy

Racial Anxiety

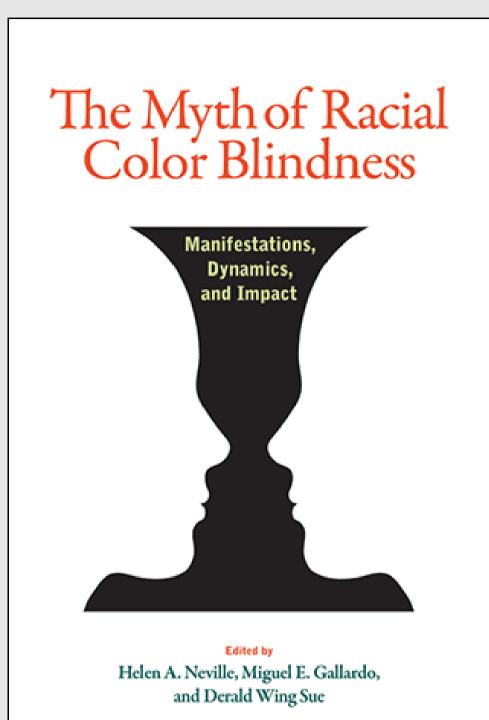
- Interracial interactions can cause worry
- When everyone thinks discourse will turn negative, it often does
- Confirmation bias feedback
 loop

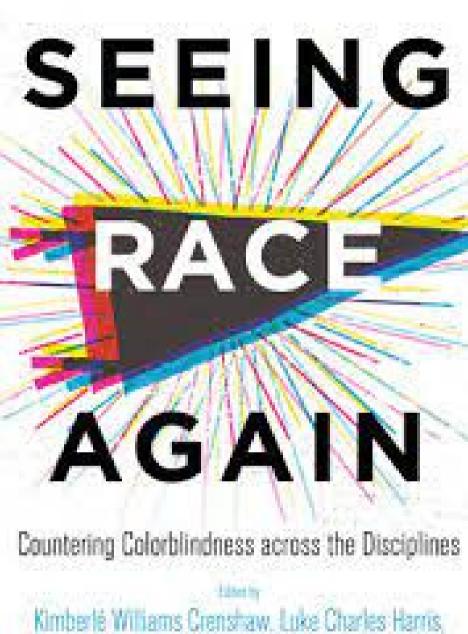
Why are we not talking about race & racism?

Socialization

- Taught it is not "nice" to talk about race or racism
- Painful
- Labeled as disruptive or difficult
- Silence so as to avoid discomfort
- We don't learn skills to discuss in needed and useful ways







Kimberlé Williams Crenshaw, Loke Charles Harris Dariel Martinez HoSang & George Lipsitz

vithout racis racism with without racis racists racis t racism with hout racism

color-blind racism and the persistence of racial inequality in america



Why are we <u>not</u> talking about race & racism?

"Good People"

- Dichotomous thinking & Circular reasoning
 - We are good people who work with youth
 - Good people are not actively "bad"
 - Racists are "bad," therefore we are not racist
- Right vs. wrong

or reasoning ork with youth "bad" ve are not racis



Racial Awareness & Sensitivity

• Racial awareness

 Ability to recognize that race exists & shapes reality in inequitable & unjust ways Racial sensitivity

- Requires awareness
- Active understanding of the existence of race & racism & how they shape reality Awareness into action

Laszloffy & Hardy, 2000



Implicit Bias

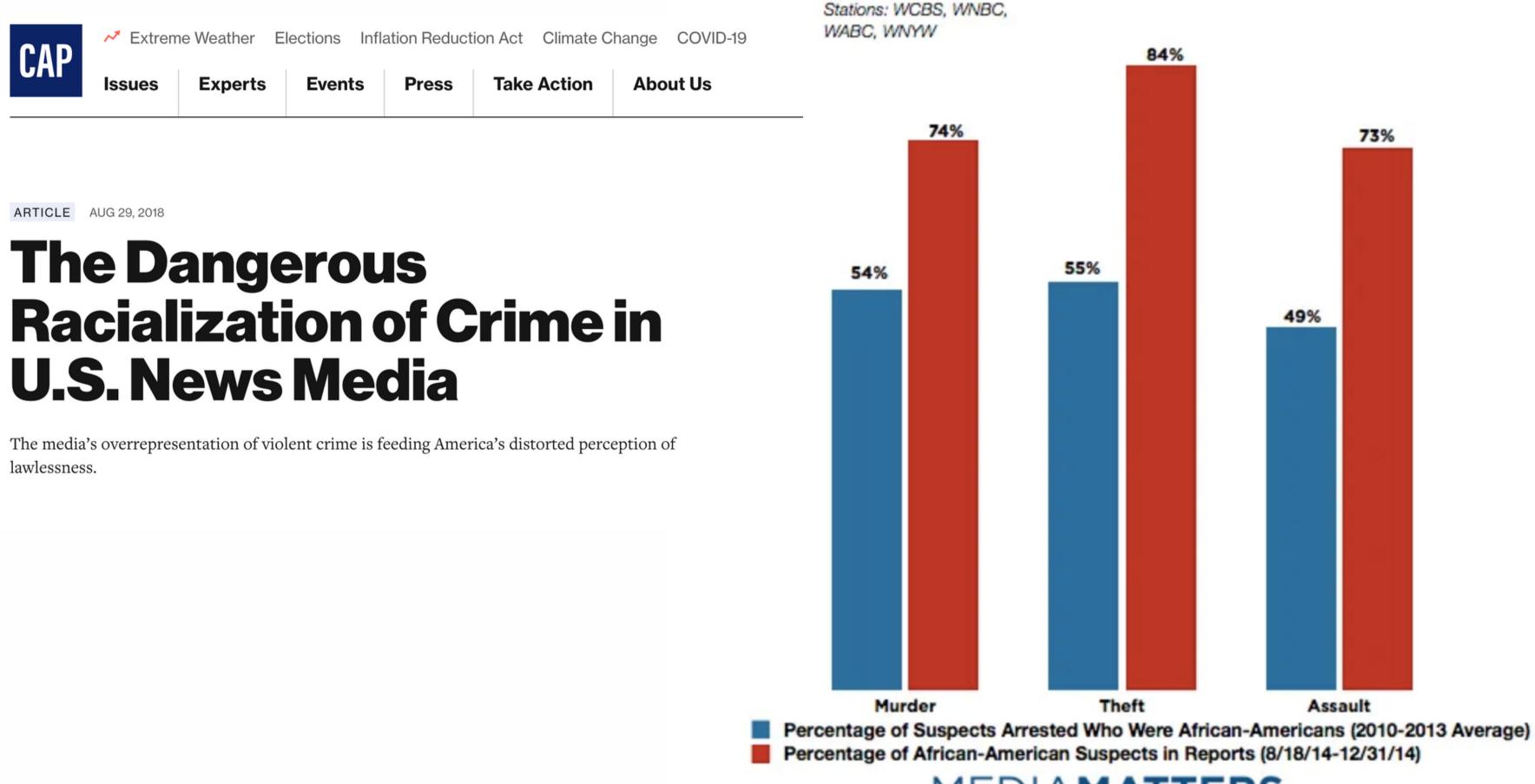
- "Unconscious bias"
- Automatic unconsious associations we make Categorization, heuristics
- Categories associated with beliefs, attitudes, traits, & feelings
- Can be positive or negative
- Pertains to social concepts
 - Race, age, gender, body type, weight, skin tone, etc.



Implicit Bias

- Influence individuals when situations are ambiguous Subliminal priming
- Anchoring
 - Point of reference that is influenced by what we have been exposed to (e.g., hear, see, etc.)
- Reflection: What have you been told or exposed to about race?
 - A particular racial group or community?

Percentage of African-American Suspects in TV News Crime Reports vs. NYPD Data



MEDIAMATTERS

Implicit Racial Bias

- Perceptions of behavior (Oliver, 2003) People of Color viewed as violent & threatening
- Racial threat & Discipline (Welch et al., 2010) Schools with larger percentage of Black & Brown youth use more punitive zero tolerance discipline & less restitutive techniques

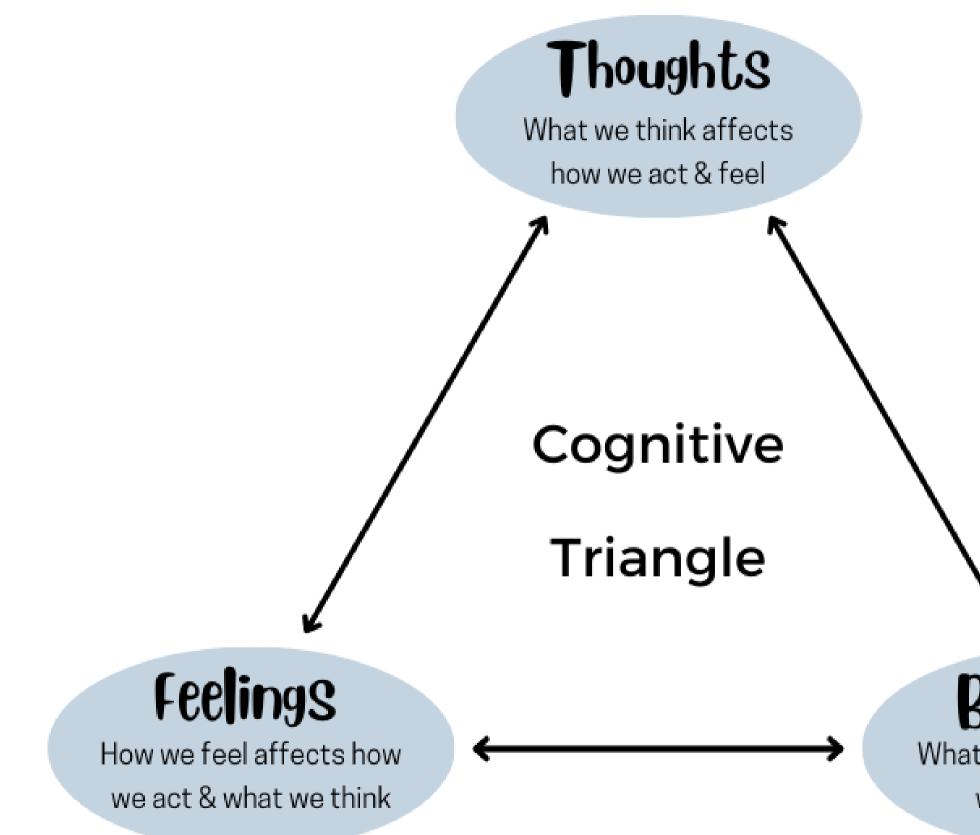


Implicit Racial Bias

- Sentencing (Eberhardt et al., 2006) More Afrocentric features associated with harsh sentencing (e.g., capital punishment)
- Pain (Hoffman et al., 2016) False beliefs regarding pain thresholds of Black patients



The Cognitive Triangle



Behaviors

What we do affects how

we think & feel



Implicit Bias — Racial Anxiety

- Heightened levels of stress & emotion in crossracial interactions
- People of Color may experience concern they will be subjected to discrimination & hostility
- White people may worry they will be assumed to be racist



Implicit Bias — Racial Anxiety

- Can aggravate racial tensions
- Affects social interactions
 - Personal & professional
- Affects areas of our lives in ways that are subtle but pervasive
 - Self-talk
 - Day-to-day decisions
 - Activities





Behavior

 Proximity Less welcoming Non-verbal behaviors • Withdrawal Discrimination • Micro- or macroaggressive



ICJ, RACE, AND JUVENILE JUSTICE

2022 DATA WALK

Race & Juvenile Justice

 Decline in overall juvenile incarceration Racial disparities increased Youth of Color historically & currently face unequal treatment in the juvenile justice system Especially Black, Indigenous, & Latinx youth • Youth of Color **5x** more likely to be incarcerated • YoC 300x more likely to be arrested for simple assault in CA



NACDL, 2020 Sentencing Project, 2016

Justice-Involved Youth

 Face poor psychosocial outcomes across the lifespan School-related challenges Employment challenges Increased future interactions with justice system Likelihood of future arrest • Further disruptions to overall development Encounter trauma within the system



"If the corn doesn't grow, no one asks what is wrong with the corn."



B Realms of ACEs

Adverse childhood and community experiences (ACEs) can occur in the household, the community, or in the environment and cause toxic stress. Left unaddressed, toxic stress from ACEs harms children and families, organizations, systems and communities, and reduces the ability of individuals and entities to respond to stressful events with resiliency. Research has shown that there are many ways to reduce and heal from toxic stress and build healthy, caring communities.



PACEs Connection thanks **Building Community Resilience Collaborative and Networks** and the **International Transformational Resilience Coalition** for inspiration and guidance. Please visit **PACEsConnection.com** to learn more about the science of ACEs and join the movement to prevent ACEs, heal trauma and build resilience.



INFLUENCE



INTERSECTIONALITY

Ecological Syst Bronfenbrenner, 1979

story

"The world got along without race for the overwhelming majority of its history. The U.S. has never been without it."

DAVID R. ROEDIGER

What Census Calls Us A Historical Timeline

This graphic displays the different race, ethnicity and origin categories used in the U.S. decennial census, from the first one in 1790 to the latest count in 2020. The category names often changed from one decade to the next, in a reflection of current politics, science and public attitudes. For example, "colored" became "black," with "Negro" and "African American" added later. The term "Negro" was dropped for the 2020 census. Through 1950, census-takers commonly determined the race of the people they counted. From 1960 on, Americans could choose their own race. Starting in 2000, Americans could include themselves in more than one racial category. Before that, many multiracial people were counted in only one racial category.

1790 1830 1840 1800 1810 1820 1850 1860 1870 1880 1890 1900 1910 1920 1930 1940 White Free white males, Free white females Black Black All other free persons Free colored males and females Black Mulatto Negro or of Negro Ouadroor Black Slaves Slaves descent) Mulattø Mulpita Silavan Octorool 2020 1790 Aleut: People who trace n: Someone with "one-fourth black blood," according to aker instructions. their ancestry to the Someone with "one-eighth or any trace of black blood." AMERICANS WERE RECORDED IN THESE RACE/ETHNICITY LATEST CENSUS CATEGORIES ON THE CENSUS FORM. Indian Free white males, Free white females White [+] All other free persons Black or African American [+] st majority of the Other Slaves Other Korean (orean, Filipino and called Hindu). Hindu Hindu: Referred to Asian Indians. regardless of religion. American Indian or Alaska Native Chinese This category included Japanese smaller racial groups

CENSUS YEAR

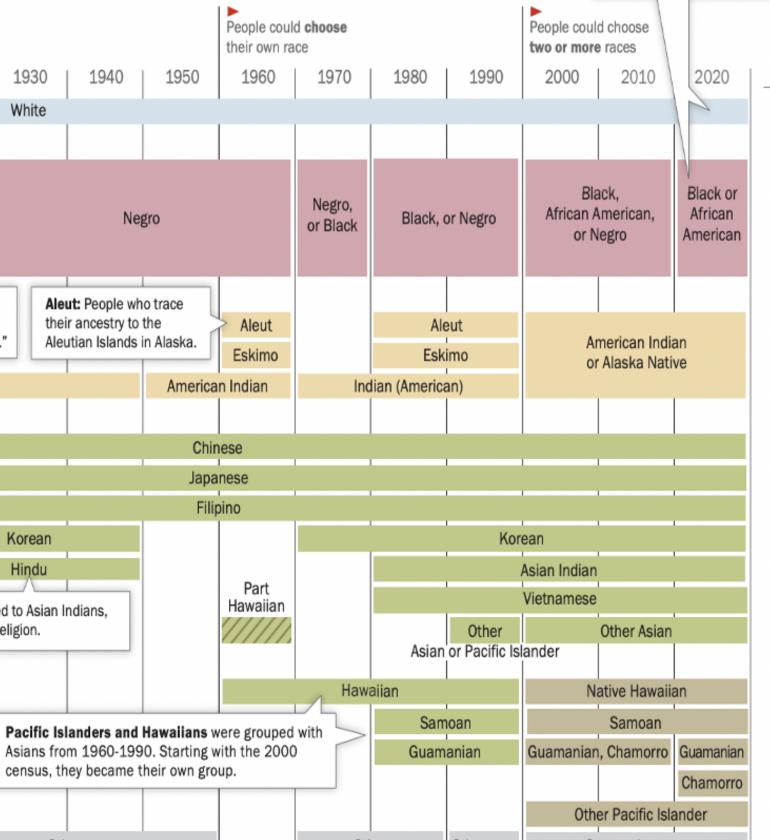
For the first time,

people who check one or both of these boxes are asked to write more about their origins, for example German, African American, Jamaican, etc.

RACE

В

CLASSIFICATION



Racism

Individual

 Internalized beliefs & biases about race and racism

Interpersonal

- Most often recognized
- Negative attitudes towards a different race
- Occurs when individuals interact & their personal racial beliefs affect those interactions

Cultural

 One group having the power to define cultural values

Jones, 1972

Racism

Institutional

- Extension of racist beliefs to perpetuate racial inequity
- Practices that operate to restrict the choices, rights, mobility, and access of racial groups

Systemic

- Cumulative & compounding effects of societal factors, including history, culture, ideology
- Interactions of institutions and policies that systematically privilege White people & disadvantage people of Color

Youth of Color: **Negative Race-Related Experiences**

- Individual, institutional, systemic
- Severe, moderate, daily
- Direct, vicarious, symbolic & coded
- Cumulative & intergenerational exposure
- Across the Lifespan
 - Early in life
 - Adolescents: ~ 6 per day

Jernigan & Daniel, 2011 English & Papa, 2020

Youth of Color

- Perceptions of essential nature of children affected by race
- Overestimation of age of Black youth by 4.5 years • Viewed as adults as early as 13 y.o.
- Perceived as less intelligent & more violent
- Found as more culpable for actions
- Implications: Overestimating age & culpability linked to dehumanizing racial stereotypes & beliefs



Goff et al., 2014 Journal of Personality and Social Psychology 42% of Youth of Color reported exposure to at least one form of race-based trauma

In the prior year 10% of Youth of Color reported exposure to racial trauma often or very often. In their lifetime, 18% of youth reported exposure to racial trauma often or very often.

AAKOMA Project, 2022

42%

reported exposure to at least one source of racial trauma, such as interactions with police, teachers and employers.

MINOR INFRACTIONS

BREAKING DOWN THE SCHOOL TO PRISON PIPELINE

THE SYSTEM

///// 69% DECREASE PRISON EDUCATION POLICY WAR ON DRUGS FUNDING un ZERO TOLERANCE HAS INCREASED 38% HONOL SECURITY TEACH TO THE TEST 530% MORE THAN NO CHILD LEFT SSSS 33% BEHIND EDUCATION FUNDING OVER THE PAST 20 YEARS ANDESTED BY ADE 23 SSSS \$11,000 \$90,000 POLICIES ENABLE THE CRIMINALIZATION OF LOW PERFORMING ANNUAL COST PER YOUTH TO STUDENTS **EDUCATE VS. INCARCERATE** THE YOUTH 100TH INCARCERATION BY RACE (CHICAGO 2009) YOUTH ARRESTS BY AGE (CHICAGO 2003) 16** 15'0 14** 1310 70% are serving time for non-violent offenses 66% diagnosed with emotion 45% have learning disabilities or need special education 1627 1210 2176 1263 819 463 STRUGGLING YOUTH ++ - ++ DESERVE 1% Asian J 1% Other YOUNG MEN OF COLOR SUPPORT 70% diagnosed with drug dependencies 26% have tried or considered committing suicide ARE DISPROPORTIONATELY TARGETED NOT IMPRISONMENT

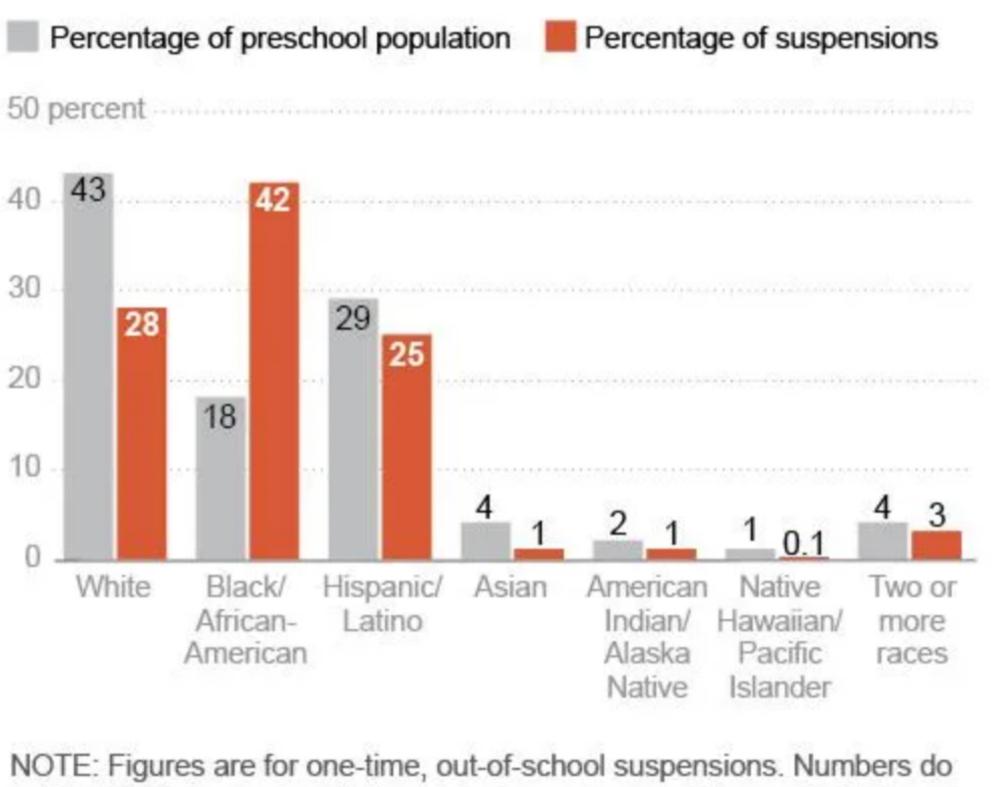


Athens Anti-discrimination Movement



Preschool suspensions

Black students are suspended from preschool at a rate disproportionate to their numbers.



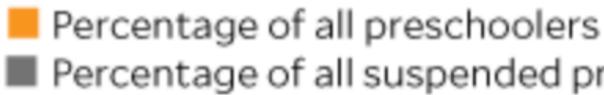
not total 100 due to rounding.

SOURCE: Department of Education

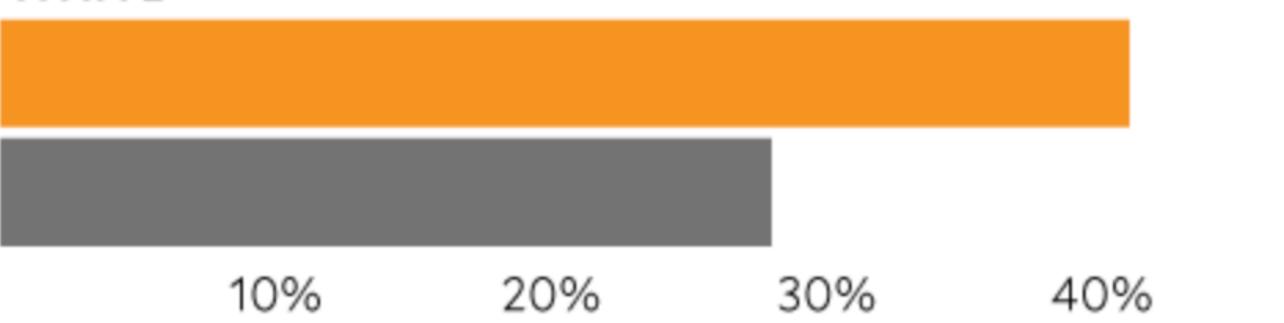
When it comes to suspensions, racial inequities start in preschool:

BLACK





WHITE

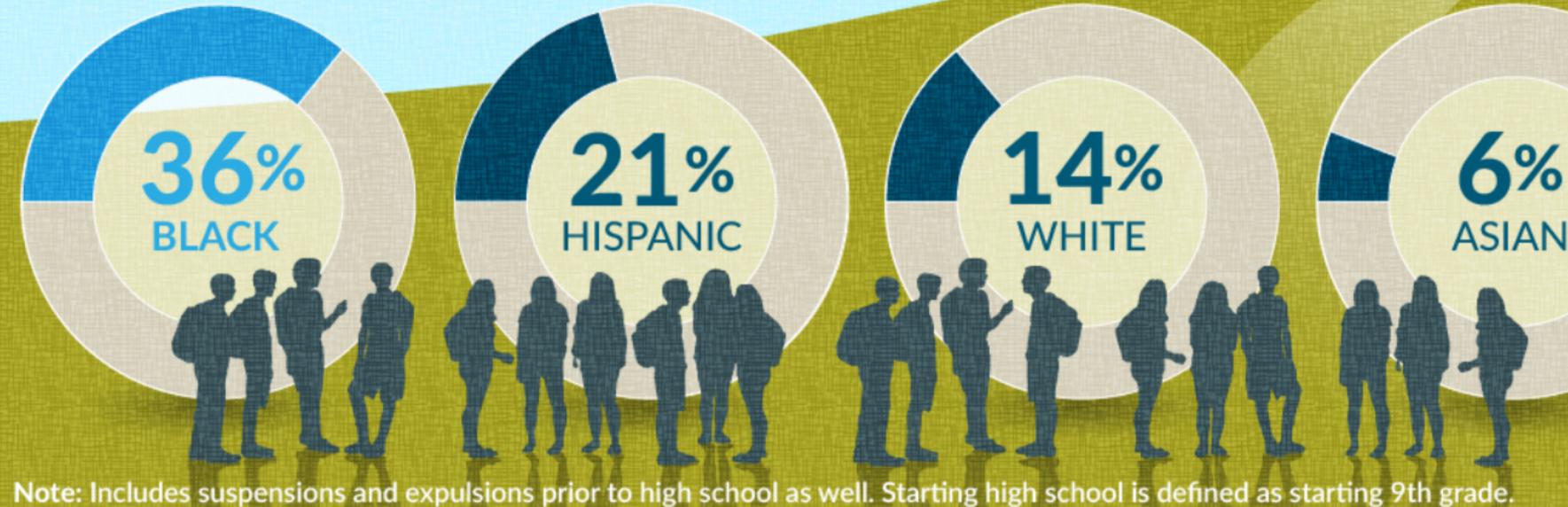


Percentage of all suspended preschoolers



Suspensions and Expulsions by Race/Ethnicity

Among students who started high school in 2009, a higher percentage of Black students than of Hispanic, White, and Asian students had ever been suspended or expelled by 2012.



SOURCES: Indicators of School Crime and Safety: 2015, National Center for Education Statistics, U.S. Department of Education and Bureau of Justice Statistics, U.S. Department of Justice. For more information on the Indicators of School Crime and Safety project, visit www.air.org/project/indicators-school-crime-and-safety. | EDUCATIONPOLICY.AIR.ORG

EDUCATION **POLICY** Center

at American Institutes for Research

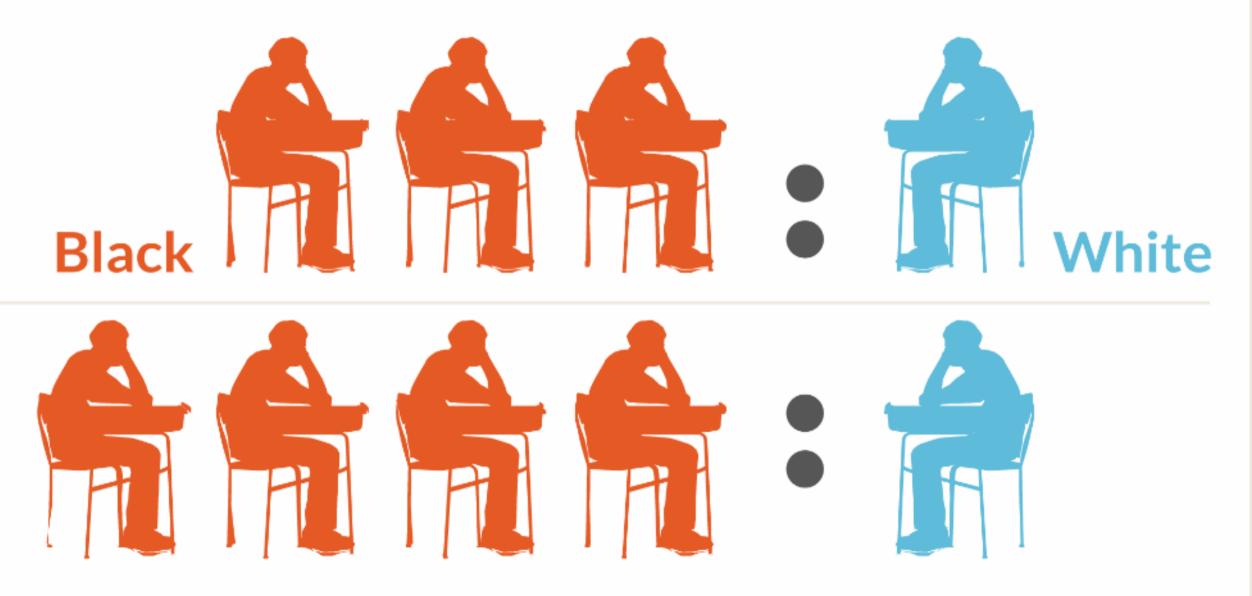


Racial Disparities in School Discipline

Black students are **3-4 times** more likely than their white peers to be expelled or face multiple suspensions from school.

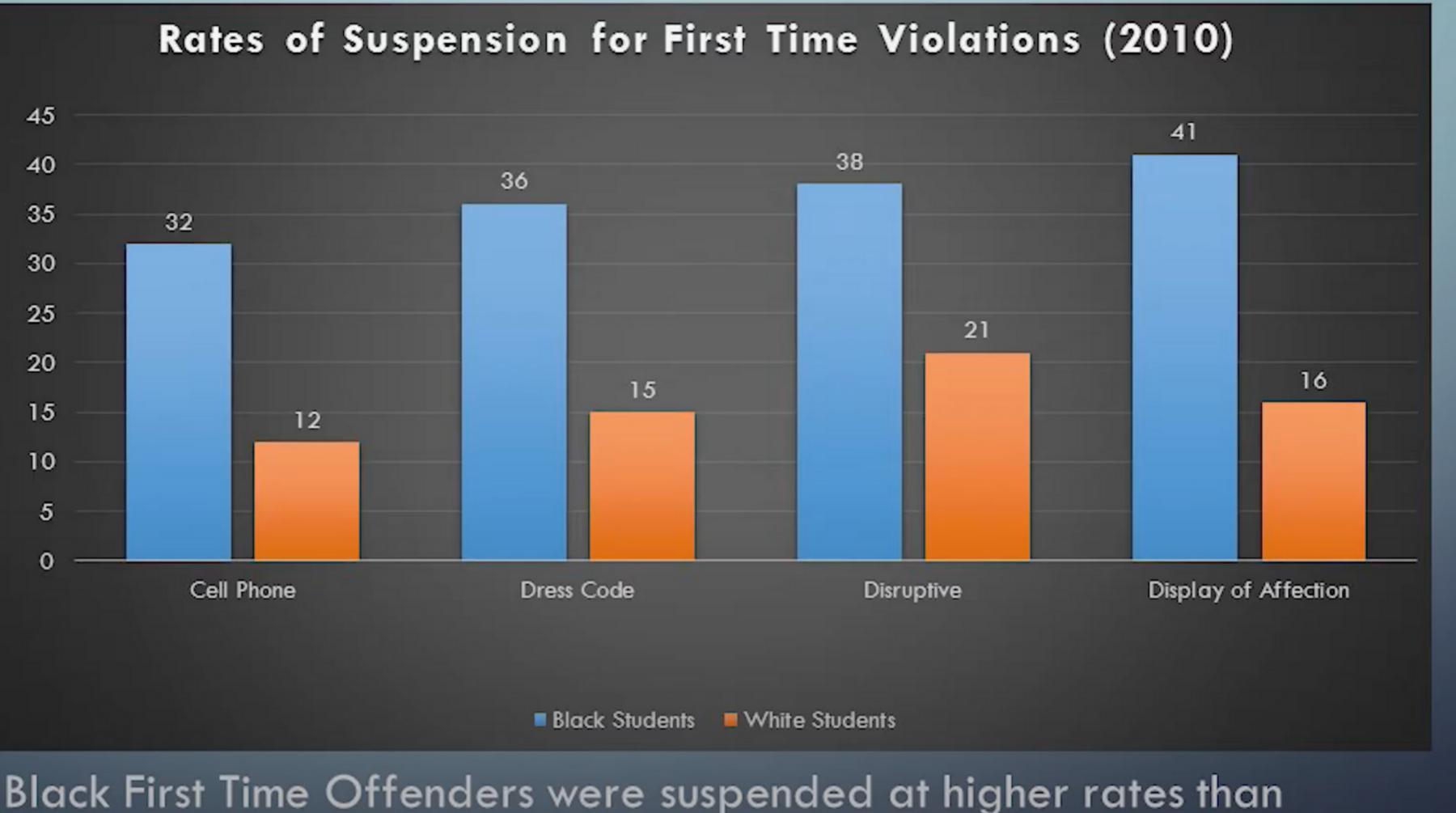
Risk of Being Expelled

Risk of Facing Multiple Suspensions



Source: U.S. Department of Education, Office for Civil Rights, Civil Rights Data Collection, 2009-10

American Institutes for Research | www.air.org



White First Time Offenders for the same minor offenses

NACDL, 2020



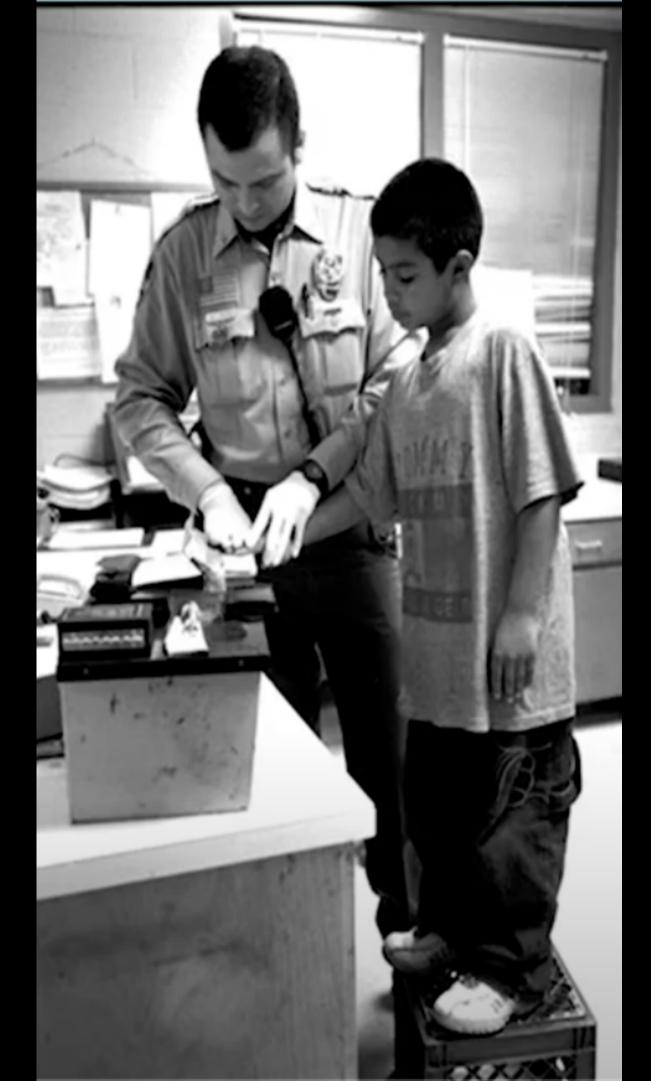
of elementary schools and

42%

of high schools have a sworn law enforcement officer.



 Students suspended or expelled are 3x more likely to have delinquency contact in the following year Students arrested on campus are 2x more likely to drop out Students who appear in court are 4x more likely to dropout



Social Problems, 2022, 69, 299–315 doi: 10.1093/socpro/spaa042 Advance Access Publication Date: 31 October 2020 Article

The Usual, Racialized, Suspects: The Consequence of Police Contacts with Black and White Youth on Adult Arrest Anne McGlynn-Wright¹, Robert D. Crutchfield², Martie L. Skinner², and Kevin P. Haggerty²

¹Tulane University, ²University of Washington

OXFORD

"The growth in commitment disparities begins with the growth in arrestment disparities."

The Sentencing Project

JOURNAL OF **Research on Adolescence**

JOURNAL OF RESEARCH ON ADOLESCENCE, 31(2), 317–334

Exploring Disproportionate Minority Contact in the Juvenile Justice System Over the Year Following First Arrest

Namita Tanya Padgaonkar (D), Amanda E. Baker, Mirella Dapretto, and Adriana Galván University of California Los Angeles namitap@g.ucla.edu

Laurence Steinberg *Temple University*



Adolescence

www.s-r-a.org

Paul J. Frick

Louisiana State University and Australian Catholic University

> Elizabeth Cauffman University of California Irvine

- "Black" juveniles more than 4x as likely to be committed as white juveniles
- "Americans Indian" juveniles more than 3x as likely
- "Hispanic" juveniles were 61% more likely

INFLUENCE



INTERSECTIONALITY

Ecological Syst Bronfenbrenner, 1979

story

Emotional Wellbeing

50% - 70% of youth in juvenile justice meet criteria for a mental disorder At least half of Youth of Color in this sample reported experiencing moderate to severe depression or anxiety. Some Youth of Color reported significantly higher depression and anxiety severity scores.

At least half of Youth of Color in our sample reported experiencing moderate to severe depression or anxiety.

At least half of Youth of Color in our sample reported experiencing moderate to severe depression or anxiety.



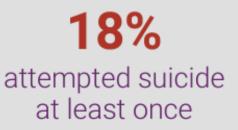
22%

reported engaging in non-suicidal selfinjurious behavior

SAMHSA AAKOMA, 2022 Overall the most commonly reported symptom of depression was being tired and having low energy (76% -85%), and the most commonly reported symptom of anxiety was feeling anxious, worried, and nervous (68% - 78%) Youth of Color also reported engaging in non-suicidal selfinjurious behavior (22%), having suicidal ideation (27%), and attempting suicide at least once (18%).

Of the Youth of Color who attempted suicide, 5% reported needing medical treatment.









reported experiencing moderate to severe depression or anxiety

School Experiences

- 1 in 5 students 12 to 18 y.o. bullied annually \circ 5.2 million
- 1 in 4 report bullying related to race, national origin, religion, disability, gender, or sexual orientation
- 1 in 4 report "hate words or symbols" in schools
- Behaviors increased in 2017-2018





ee on Education and Labor House of Representatives

ovember 2021

K-12 EDUCATION

Students' Experiences with Bullying, Hate Speech, Hate Crimes, and Victimization in Schools

Accessible Version

HOW THE SLAVES FELT

Life among the Negroes of Virginia in slavery times was generally happy. The Negroes went about in a cheerful manner making a living for themselves and for those for whom they worked. They were not so unhappy as some Northerners thought they were, nor were they so happy as some Southerners claimed. The Negroes had their problems and their troubles. But they were not worried by the furious arguments going on between Northerners and Southerners over what should be done with them. In fact, they paid little attention to these arguments.

BLACKHISTORYCOLLECTION.ORG

"Happy Slaves" Described In 7th Grade Virginia Textbook Used for 20 Yrs.





competing in a hijab

"My hijab is a part of me. Like if you're asking me to run without my hijab, you're asking me not to That's period Point blank "Noor Alexandria Abukaram said

Black students experience trauma from racist incidents at school, experts say

"I stopped loving myself because I realized the community did not love who I actually was," one student said.

Racism contributes to poor attendance of Indigenous students in Alberta schools: New study



Alabama School Apologizes After Teacher Paints Fake Bullet Wound on Black Student's Forehead

Jay Connor Wednesday 10:00AM + Filed to: BIRMINGHAM >





Study: Children of Immigrants Experience **Discrimination in Schools Early On** High schooler disqualified from Ohio race for

Indigenous students skipping school to avoid bullying and racism

School Experiences

- Most targeted because of race & national origin
- Physical attacks w/weapons doubled
- Cyberbullying 30 to 52% of schools
 1 in 6 students report
- Less than ½ of students report to a teacher or adult at school

& national origin Jbled

GAO Report, 2021

Microaggressions:

- subtle indignities
- daily occurrences

Microassaults:

- negative, racially explicit interactions
- racial slurs, name calling "lazy"
- blatant discouragement attributed to race

- content
- teaching

Microinsults:

 peer-to-peer interactions • accusations of plagiarism lack of acknolwedgment of ability

Microinvalidation:

• lack of representative educational • using racially stereotypical ideology in

Jernigan, 2009

#racialtraumaisreal

- Experiences of racism are sudden, uncontrollable & painful
- Negative racial incidents cause distress
- Can lead to traumatic stress response Not always related to singular incident
- Documented emotional pain and injury
 - Exacerbate mental health concerns
 - Anxiety, depression, suicidality



Helms et al., 2012

Racial Trauma

- Symptoms: Arousal, hypervigilance, intrusion, re-experiencing, avoidance, or numbing
- **Somatic:** Headaches
- **Physiological:** Medical conditions, disrupted cognitions, sleep disturbance, memory impairment
- **Behavioral:** Aggression, withdrawal
- Intrapsychic: Self-blame, confusion, shame, guilt, low self-esteem
- **Psychological:** Anxiety, anger, irritability, depression

Table 4	. Physical	and Menta	Health Effe	cts Attributed	d to Rad	ial Microaggressions.
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able	ч.	ritysica	Territar	rieaitii	LIIECIS	Attribute	01 10	Naciai	1 110

Attributed Effect

Insomnia	For day
Social isolation	Being a
Hypertension	Diagno
Weight loss	"Lost 3
Neck and shoulder pain	Immed
Depression	Sad, lis
Perceptual shock	Disbeli
Social ambiguity	Uncert
GI problems	Reflux
Helplessness, hopelessness	Feeling
Over-planning	"Menta
Stress regarding appearance	Hair, c
Psychological effects of slavery	Self de
Burden of self care	"The s
Downward life/health trajectory	Cascad
Feeling judged	"Need
Anger	Upset,
Tension	Physica
Sense of betrayal	Broker
Hypervigilance	Social g
Traumatic stress	"I have
	Intrusiv
Preoccupation	Rumina
Stigma in health encounters	"He ac
Lesser quality of care	Physici

Description/Explanation

- ays to months avoided by WP, needing to avoid WP osed, or "feeling BP go up . . ." 39 lbs" after discriminatory events diately or chronic stless, unable to work lief. suddenness of stressful interaction tainty of meanings and motives of others disease, upper and lower GI conditions g vulnerable; pessimism al space" and time in avoiding criticism clothing, not looking "too Black" eprecation; lack of cultural pride stress of not getting stressed." ding negative events leading to illness to be twice as good." annoyed, furious, aggravated al tightness, anxiousness n or diminished relationship with WP guardedness, scrutiny, watchfulness e PTSD." ive recall of prior traumatic race-related events ating on incidents, days to months cts like he won't touch me." ian leaves care solely to assistant

Racial Stress & Trauma

 Stress & Trauma disrupts ability to self-regulate Emotion regulation, impulses, attentional issues, decision-making

Relational

- Withdrawal, isolation, or exploitative
- Family, peers
- Behavioral
 - School, substance use, risky behavior, truancy



Consequences of Racial Trauma

Learning

- Lower grades, suspensions, & expulsions
- Increased issues with health and emotional wellbeing
- Involvement with child welfare & juvenile justice systems

Consequences of Racial Trauma

• Behavior addressed via zero-tolerance discipline Increased use of a wide range of infractions Suspension & expulsion Lack appropriate resources, counseling & support • Lack of culturally responsive resources







I am no longer accepting the things I cannot change. I am changing the things I cannot accept."

— Angela Y. Davis

Racial Equity

A racial equity lens separates symptoms from causes, while a racial justice lens brings into view the confrontation of power, the redistribution of resources, and the systemic transformation necessary for real change.



Racial Equity



The original guide describes four important features of a racial equity lens:

Analyzes data and information about race and ethnicity

Understands disparities and the reasons they exist

Looks at structural root causes of problems

Names race explicitly when talking about problems and solutions

elements:

history

Racial Justice

A racial justice lens adds four more critical

- Understands and acknowledges racial
- Creates a shared affirmative vision of a fair and inclusive society
- Focuses explicitly on building civic, cultural, and political power by those most impacted
- Emphasizes transformative solutions that impact multiple systems



DATA FOR COMMUNITY HEALTH

Organizational Racial Identity

Assimilationist

- Conform to the norm
 - Implicit rules
- Hostile climate
- High turnover/dropout rates

Multicultural

- Superficial communication re: race & culture
- Culture of niceness

Integrated Awareness Positive work/training environments Greater • productivity • Collective engagement Inclusive









Reflection: Racial Socialization

- What were the messages you learned about race?
 - In what ways were messages communicated?
- Whom did you learn from?
- What else has informed your ideas about race?
- How has your understanding of race shifted over time?



It is not our differences that divide us. It is our inability to recognize, accept, & celebrate those differences.

- Audre Lorde

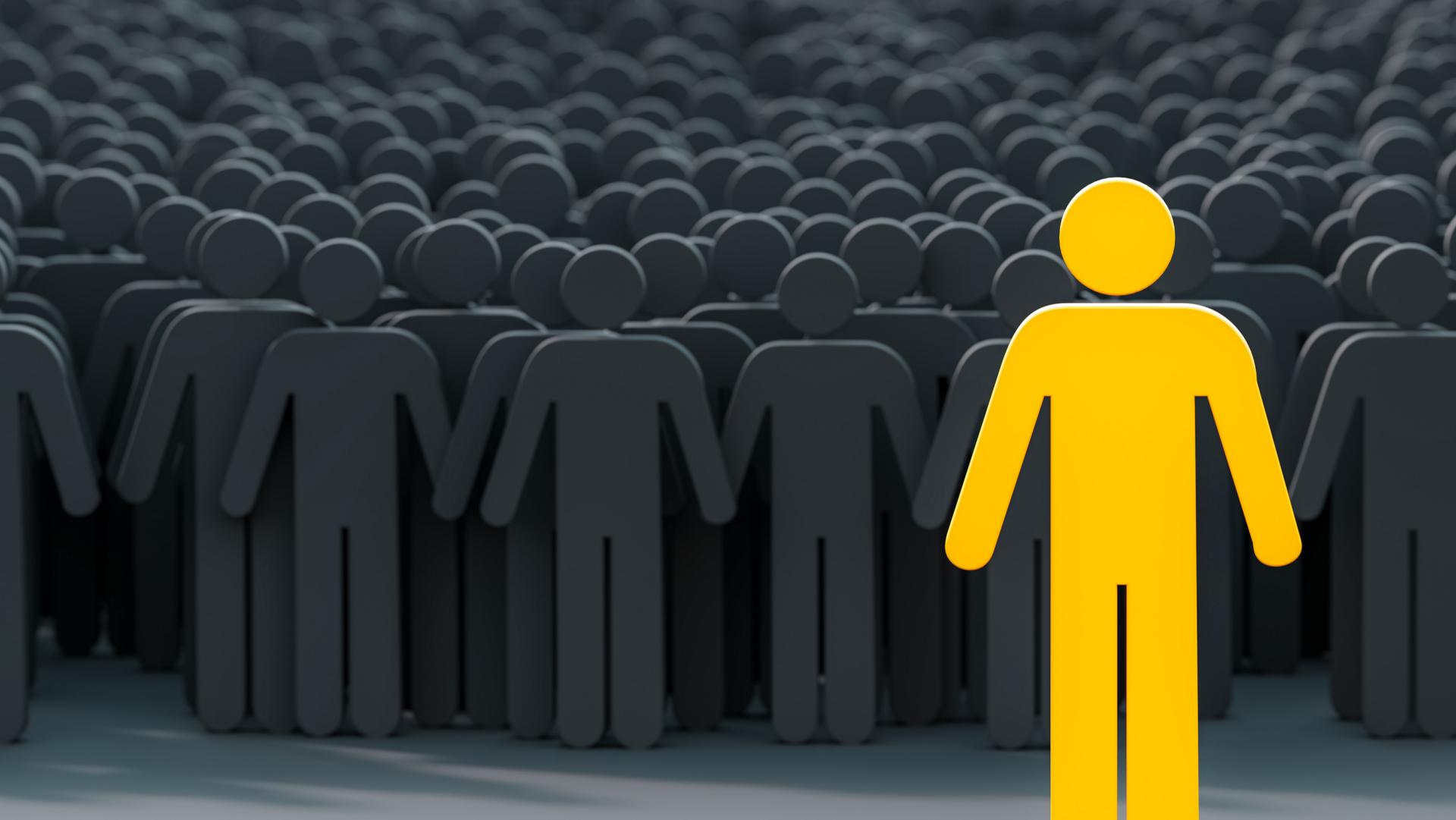
Listen and listen hard. Listen with humility. Listen with a commitment to do better.





Advocacy









Create the change the world needs by creating change within yourself.

-Layla F. Saad

Things that resonate...

- If you want to change a person, first you must change their awareness of themselves
- To heal, we must remember. To change we must understand.
- The past is not the past. The past is still with us. It's legacy gives us evidence of how the past impacts us
- History is our guide
 - Think of it as a rearview mirror
 - We use it to change lanes or reverse
 - We use it to navigate the road ahead while ensuring we are aware of what is behind us





KEEP GOING





